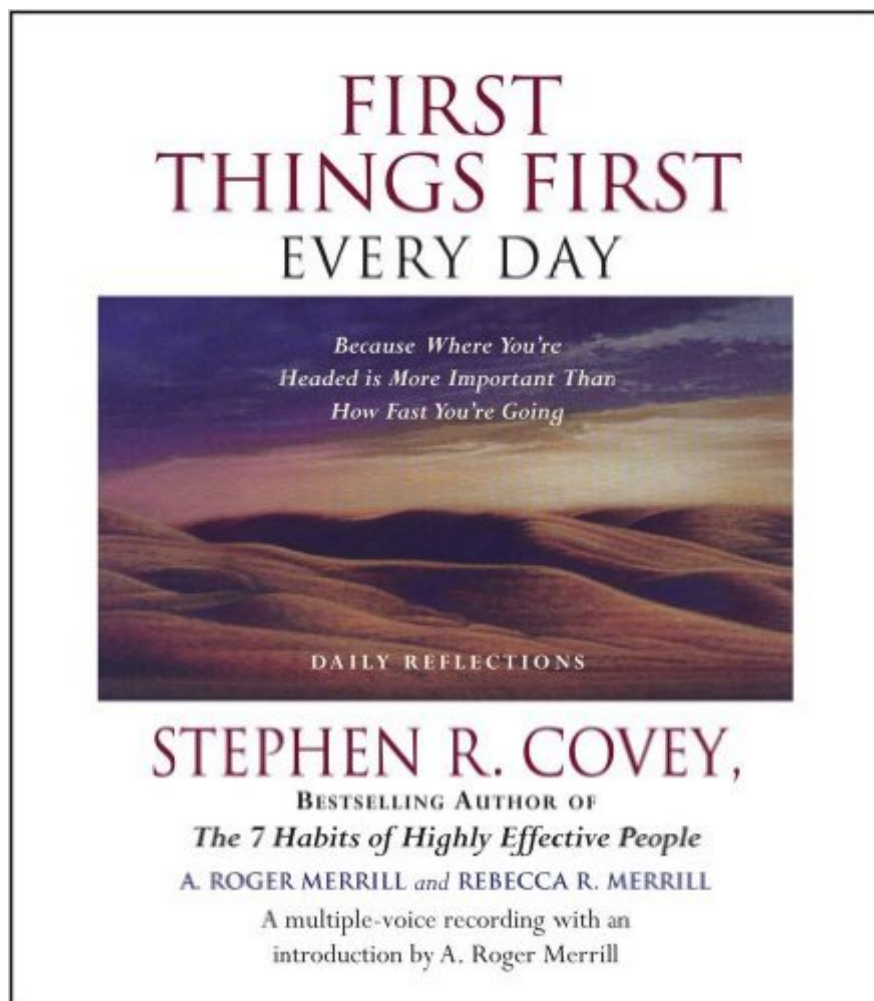


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# First Things First Every Day: Because Where You're Headed Is More Important Than How Fast You're Going



## Synopsis

FIRST THINGS FIRST EVERY DAY Because Where You're Headed is More Important Than How Fast You're Going STEPHEN R. COVEY A. ROGER MERRILL AND REBECCA R. MERRILL A multiple-voice recording with an introduction by A. Roger Merrill FIRST THINGS FIRST HELPS YOU UNDERSTAND WHAT'S MOST IMPORTANT EVERY DAY... Stephen R. Covey and the Merrills have shown millions of listeners how to balance the demands of a schedule with the desire for fulfillment. The principles they introduced in First Things First are distilled for everyday listening. Let First Things First Every Day be your guide to the rich relationships, the inner peace, and the confidence that come from knowing where you're headed, and why.

## Book Information

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## Customer Reviews

Our lives are busy and full of change. Keeping our priorities in order while maintaining focus and vision is a constant challenge. We live in a society that loves short cut techniques where there is no short cut, only a path based on principles revealed throughout history. A meaningful life is not a matter of speed and efficiency but what you do and why you do it - and we need to be reminded of this everyday. The best way is to take a few minutes of quiet time before the daily rush. Our hearts and minds need nourishment and this is the purpose of this book - to provide daily nourishment through the daily reading of wisdom literature that can have a profound effect on the quality of our daily decisions by keeping us focused on what is important and preventing us being swept away by urgency. Covey believes these little daily thoughts will help us do three things - to reconnect with our big ideas and the insights that accompanied learning them; to encourage us to take a little

breathing space between events and our response - a space that reconnects us to our inner compass; and to garnish our wisdom literature habit. We need to be constantly reminded of the principles that have been part of the wisdom of every successful individual and civilization. These are some of the readings that made an impression on me: January 4: Be governed by your internal compass, not by some clock on the wall. January 5: If the thing you are committed to is principle-centered, you become principle-centered and you walk your talk. January 11: While you can be efficient with things you cannot be efficient - effectively - with people. January 14: We need to move beyond time management to life leadership. January 23: Meaning is in contribution, in striving for something higher than self.

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